

# Advocating for Music Education through Social Emotional Learning

## *Capitalizing on Our Super Power!*

**Music IS Social • Music IS Emotional**

### Why SEL is a strong argument for music education:

- Purposeful integration of SEL into music education will **enrich the students' personal connection** to music.
- The relationship built between teachers and students over multiple years of instruction fosters the caring environment necessary to **help build school connectedness and foster empathy**.
- The perseverance needed to dedicate oneself to musical excellence **fosters resilience both in and out of the music classroom**.
- Musical creation fosters self-awareness and allows for students to **develop a greater sense of autonomy and emotional vocabulary**.
- The collaborative community developed in the music classroom around music-making **welcomes discussions and an awareness of acceptance and embracing diversity**.
- **Musicians learn the necessity of personal goal-setting, self-assessment, and accountability** as they develop high standards for musicianship and themselves.
- **Music is a cultural necessity and is fundamental to being human.** Music education and SEL exposes and deepens this for a cross-section of the student body.

**WE NEED TO CHANGE THE "HOW" OF MUSIC EDUCATION SO WE DO NOT LOSE THE "WHAT." SEL CAN BE THE "WHY" BY MEETING OUR STUDENTS' NEEDS THROUGH MUSICAL SEL.**

### Music Education & SEL: *The Heart of Teaching Music*

<p>Recognizing Strengths &amp; Weaknesses</p> 	<p>Being Consistent</p> 	<p>Setting Goals</p> 	<p>★ Expanding Musical Ideas</p> 
<p>Developing Awareness &amp; Honesty</p> 	<p>Communicating with Peers</p> 	<p>Managing Time</p> 	<p>Reflecting After Practice</p> 



Engage students in making the advocacy argument for music education.

**It IS SEL:**

**SELF**  
Realizing the personal/collective value of music education.

**OTHERS**  
Understanding how this value will be perceived by those making decisions

**DECISIONS**  
Promoting music education through advocacy

**See the Framework**

For more information or help advocating for music education through SEL contact:

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